



LUNCH

MAY 2017 Child Nutrition Program

PreK-Grade 8

Monday

1
"Say Cheez!"
Grilled Cheese Sandwich
Red Pepper Strips, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

8
"Say Cheez!"
Baked Macaroni and Cheese
Roasted Green Beans 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

15
"Say Cheez!"
Potato Ravioli with Marinara Sauce
Glazed Carrots, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

22
Southwest Day
Three-Bean Chili
Seasoned Brown Rice
Steamed Green Beans, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk



Tuesday

2
Taco Tuesday
Turkey Taco on Soft Shell
Potato Smiles, 1/2 cup
Black Bean Salad, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

9
Pork Chili with Corn Loaf
Glazed Carrots, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

16
Taco Tuesday
Shredded Pork Taco on Soft Shell
Red Pepper Strips, 1/4 cup
Roasted Chickpeas, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

23
Chicken Smackers with Ketchup
Potato Smiles, 1/4 cup
Cucumber Coins, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk

30
Turkey Ham and Cheese Wrap
Potato Smiles, 1/4 cup
Cucumber Coins, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Wednesday

3
Chicken Smackers
Pasta Salad
Cucumber Coins, 1/2 cup
Peach Cup, 1/2 cup
Choice of Milk

10
Build Your Own Burger
Hamburger on Baked Bun
Cheese, Shredded Lettuce, Tomato
Baked Vegetarian Beans, 1/2 cup
Potato Smiles, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

17
Asian Day
Teriyaki Chicken over Brown Rice
Steamed Broccoli, 1/2 cup
Chilled Pineapple Cup, 1/2 cup
Fortune Cookie
Choice of Milk

24
Italian Day
Pork Meatballs & Rotini Pasta
Parmesan Zucchini, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

31
Brunch for Lunch
Pancakes with Maple Syrup
Turkey Sausage and Egg Patty
Carrot Sticks, 1/4 cup
Applesauce Cup, 1/2 cup
Choice of Milk

Thursday

4
Try Something New
Fish Nuggets with Orange Sauce
Seasoned Brown Rice
Glazed Carrots, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

11
Chicken Patty on Baked Bun
Potato Smiles, 1/4 cup
Steamed Broccoli, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk


18
Hot Turkey Sandwich with Gravy
Potato Smiles, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

25
Chicken and Cheese Quesadilla
with Tomato Salsa
Black Beans, 1/4 cup
Fruit Cup, 1/2 cup
Choice of Milk

Friday

5
"Cinco de Mayo"
Mexican Fiestada Pizza Taco
Spinach Salad, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

12
Potato Crusted Fish Patty
on Baked Bun
Shredded Lettuce
Sweet Potato Fries, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

19

Cheese Pizza
Roasted Broccoli, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk

26
Potato Crusted Fish Patty
on Baked Bun
Shredded Lettuce
Glazed Carrots, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
Sandwiches on Whole Grain Bread
A side salad of leafy dark green vegetable is offered daily.
Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
Fat Free Chocolate milk is available Tuesdays and Thursdays.

Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.